**Marriage & Family Class Outline**

Week 1 Introduction

 Class Objectives, outline and resources utilized

Week 2 The Covenant of Marriage

 Creation of, purpose for, roles in … marriage

Week 3 Communication 101

 Delightful differences in temperament and between sexes

Week 4 Communication 102

 The art of listening and importance of words

Week 5 Intimacy in Marriage

 Types of intimacy needs and needs assessment

Week 6 Love Languages

 Learning the different languages of love

Week 7 Conflict Resolution

 Learning to fight fair / The Power of Forgiveness

Week 8 Love & Respect

 The Crazy Cycle / The Energizing Cycle

Week 9 Expectations in Marriage

 Where they come from and how to process effectively

Week 10 Parenting 101

 Becoming and being a Dad

Week 11 Twin Troubles

 Sex and Money – issues underlying both areas of conflict

Week 12 Building a Marital Legacy

 Setting goals and creating a marital vision statement

Week 13 Transitioning Home